Current initiatives addressing obesity in El Paso County

OVERWEIGHT AND OBESITY – FRAMEWORK FOR INTERVENTIONS									
SETTINGS/LIFECOURSE		Child care	Schools	Workplace	Health systems (# direct patient care)	Built environment	Community outlets	Food systems	Media
What we eat - Food content	Fruit and Veggies	3	9	11	12 (5)	3	9	4	3
	Processed and/or fast foods	3	9	11	11 (4)	4	8	0	3
	Sweetened beverages/foods	3	7	8	8 (4)	2	5	1	1
Too much caloric intake - Eating behaviors	Portion size	2	7	10	11 (5)	3	8	2	4
	Healthy food sources	2	10	11	10 (4)	4	8	6	3
	Cooking at home	1	6	8	11 (5)	3	8	3	3
Not enough caloric expenditure - Physical activity/sedentary behavior	Exercise	3	15	11	12 (5)	7	10	2	3
	Screen time	3	8	7	9 (4)	3	7	1	3
	Recreational sources	1	4	7	5 (1)	2	5	0	2
	Other sedentary activities	1	6	5	8 (2)	3	4	0	2
Breastfeeding		1	1	2	9 (6)	1	3	1	1

Number of initiatives (out of 42 total*):

0	
1-2	
3-5	
6-9	
10+	

* 12 EPCPH WIC initiatives represented separately

Setting definitions:

Child care : child care centers, Head Start programs, preschools, and family child care homes.

Schools : educational institutions - particularly kindergarten-grade 12

Workplace : physical location of work or employment

Health systems : hospital or health care systems, healthcare providers, 1:1 direct patient care

Built environment : man-made surroundings intended to support human activity (e.g., sidewalks, buildings, urban sprawl, mixed-use developments)

Community : churches, senior centers, and other community-based organizations such as the YMCA

Food systems : includes every process and the infrastructure involved in feeding a population (e.g., farming, processing, labeling, marketing, consumption)

Media : means of communication that reach or influence people widely (e.g., television, printed materials, social networking, radio)

2/13/2012